



“WHO BLOCKED MY CHAKRA?”

****A Psychological & Metaphysical Course in Healing Mind, Body & Spirit**

WHEN:

CLASS 1 Dates:

- Tues. Dec. 8, 2009
- Tues. Dec. 15, 2009
- Tues. Jan. 12, 2010
- Tues. Feb. 2, 2010
- Tues. Mar. 2, 2010

*6:30 - 8:00 P.M.
(All Class 1 Same)

WHERE:

HOLISTIC HEALTH CENTER
4809 N. Sheridan Road
Peoria, IL
(309) 685-9880

HOW MUCH:

\$10 Cash Per Class

WHAT TO BRING:

Notebook - Pen

*DOORS OPEN AT 6:00 P.M.

MAXIMUM CAPACITY

PER CLASS: 45

FIRST COME, FIRST SERVE

UPCOMING SERIES DATES:

CLASS 2: Tues. Jan. 19, 2010

CLASS 3: Tues. Jan. 26, 2010

CLASS 4: Tues. Feb. 9, 2010

CLASS 5: Tues. Feb. 16, 2010

CLASS 6: Tues. Feb. 23, 2010

CLASS 7: Tues. Mar. 9, 2010

CLASS 8: Tues. Mar. 16, 2010

Presented By: **PATHWAY TO PEACE &**

Dr. Shauna Gatten

Licensed Clinical Psychologist

*An 8 - Part Series



CLASS 1: “WHAT’S A CHAKRA & HOW DO I KNOW IF IT’S BLOCKED?”

Find Out **WHAT** It Is & **WHY, WHERE, HOW** It Affects Your:

- Emotional, Mental Functioning
- Physical Functioning
- Spiritual Well-Being
- Relationships
- Work, Finances
- Sense of Happiness, Peace

CLASSES 2 - 8: “HOW CAN I UNBLOCK MY CHAKRA(S)?”

LEARN
HOW
TO
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U: UNCOVER
 N: NEGATE
 B: BREAKTHROUGH
 L: LET GO
 O: OMIT
 C: CONFRONT
 K: KNOCK DOWN

DISCOVER YOUR **PATHWAY TO PEACE**

